

*Here
for you*



Compassion

Baby loss retreat was set up to help families trying to cope with the death of a child.

It was founded in February 2018 by Julie Morrison and Bryan Morrison who lost their daughter Erin. Erin was stillborn in 2003 at 37 weeks. Julie & Bryan provide this retreat free of charge to bereaved parents throughout the UK. The retreats are safe, quiet spaces where couples can acknowledge their loss, and hopefully begin to heal.

Support

We provide access to a variety of Counselling styles including, Trauma Therapy and Child Music Counselling.

We hold support groups every 4 weeks with speakers attending who can offer guidance and support to families struggling with grief, anxiety, depression and also sleep disorders

Peace

All our retreats are situated in beautiful peaceful locations and offer you the opportunity to be heard in a safe place.



Reach Out

Registered Charity in Scotland
(Sc048126)

Baltic Chambers
First Floor, Room 140
50 Wellington street
Glasgow G2 6HJ

Opening times:
Monday to Friday
9am until 5pm



Registered Charity in Scotland (Sc048126)

*“Those we have held
in our arms
for a short while
we hold in our
hearts forever”*



BABY LOSS RETREAT

BABY LOSS
AFTERCARE SUPPORT

07555 467 805
www.babylossretreat.org.uk



We are a local charity offering **aftercare support to families who have suffered the loss of a baby.**

Aftercare services after a loss can be hard to navigate.

We work together with families to help them find the **bespoke support** that's most suited to their situation.

If you have suffered a Miscarriage, Stillbirth, Termination for Medical Reasons or IVF complications **we are here for you.**

We also offer support to parents who are pregnant after a loss.

The team behind Baby Loss Retreat have all walked similar journeys. We understand some of the struggles and emotions that you may be experiencing. Rest assured you will be speaking to someone who understands and cares about you and your family.

**A loss is a loss
no matter the gestation.**

We believe there should be **no time limitations or restrictions** on support after the loss of a baby.

Retreats in Fife & Castle Douglas



Our Vision

Everyone should have access to support and a safe place to come to terms with their situation following the loss of a child.

We are a local charity offering aftercare support to families who have suffered the loss of a baby at any stage resulting in Miscarriage, Stillbirth, Termination for Medical Reasons and IVF complications.

We also offer support to parents who are pregnant after a loss

Our Retreats

We have two retreats. One in the East Coast of Scotland in Fife and our other on the West Coast in Castle Douglas.

Our aim is to provide accessible support to everyone across Scotland & The UK.

Our retreats are in calming countryside locations. They provide safe, quiet surroundings for couples and families to be able to start to heal.

Retreats are provided totally free of charge via Baby Loss Charity Scotland.

Get in touch for more information.